



ALL INDIA BANK OFFICERS' ASSOCIATION

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ALL INDIA BANK OFFICERS' CONFEDERATION (AIBOC)

ALL INDIA BANK OFFICERS' ASSOCIATION (AIBOA)

INDIAN NATIONAL BANK OFFICERS' CONGRESS (INBOC)

NATIONAL ORGANISATION OF BANK OFFICERS (NOBO)

Camp: Mumbai

Date: 29.09.2018

To

All Affiliates of AIBOC/AIBOA/INBOC/NOBO

Dear Comrades,

Observe Work-Life-Balance, in letter and spirit

You are aware that the officers fraternity has been subjected to enormous stress due to ever increasing workload, inadequate staff, continuous pressure from multifarious controllers, over-ambitious targets, mis-placed business priorities, extended working hours et al. This has taken a heavy toll on the efficiency level and is the root cause of frustration and anxiety disorder resulting in depression, helplessness and life-style diseases viz Diabetes, High BP and Cardiac problems etc. Officers are constantly receiving SMS and instructions over WhatsApp messages even at odd hours. This has adversely affected their social and family life. Banking system has forgotten that an Officer is just not an employee of the Bank, but also a spouse/son/father/mother and an integral part of society. This situation has become intolerable as we find Officers are virtually chained to their official duties and have no respite, even while at home.

Work-Life-Balance is the need of the hour. Many top global companies are addressing this sensitive issue through various measures. State Bank of India has issued a comprehensive instruction addressing the need for a Work-life balance. However, the ground reality almost in every institution is that majority of the officers

are stressed and do not have a work-life balance, which is attributed specially to the instructions received through sms and WhatsApp.

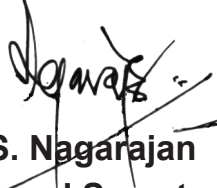
All four officers organisations have unanimously decided to address this menace. It has been decided to call upon all our Officers not to attend/respond to the 'official' SMS/WhatsApp messages, received from their Controlling Authority/Zonal Heads between 8pm and 8am.

We urge upon our members to respond to our clarion call and implement the instructions in letter and spirit forthwith.

Yours comradely,



Soumya Datta
General Secretary
AIBOC



S. Nagarajan
General Secretary
AIBOA



K.K. Nair
General Secretary
INBOC



S.U. Deshpande
President
NOBO

REPRODUCED BY KARNATAKA BANK OFFICERS' ORGANISATION (REGD.) MANGALURU-575 003

Mangaluru
03.10.2018

Sd/-
(K. RAGHAVA)
GENERAL SECRETARY